

Bioethics and Human Rights in the Area of Health-related Research: A Brief Review of Resource

Bioética y derechos humanos en materia de investigación relacionada con la salud: Breve revisión de recursos

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Abstract:

Bioethics and Human Rights are knowledge fields that every health professional has to master to perform their work with quality and respect to human dignity, especially regarding health-related research. The purpose of this review is to identify the main documents that allow the researcher to be able to obey national and international ethical guidelines during the design, implementation, information management and evaluation of health-related researches. Promoting the use of this type of resources will strengthen the related procedures to produce scientific material about health respecting bioethical principles and protecting human rights.

Keywords:

Bioethics, Human rights, Research, Health

Resumen:

La Bioética y los Derechos Humanos son áreas del conocimiento que todo profesional de la salud debe dominar para desempeñar su labor con calidad y respeto a la dignidad humana, especialmente en materia de investigación relacionada con la salud. El propósito de la presente revisión es identificar los principales documentos que le permiten al investigador ser capaz de atender los lineamientos éticos nacionales e internacionales durante el diseño, implantación, gestión de información y evaluación de investigaciones relacionadas con la salud. Promover el uso de este tipo de recursos fortalecerá los procedimientos relacionados a la producción de material científico en salud desde una perspectiva de respeto a los principios bioéticos y protección de derechos humanos.

Palabras Clave:

Bioética, Derechos humanos, Investigación, Salud

Introduction

The term Bioethics was created by Van Rensselaer Potter in 1971. Currently, it is considered a very important science, where biological aspects that respond to physical laws and aspects related to ethics-moral conscience converge. Beyond the usual definition of "ethics for life", bioethics studies and reflects on human behavior regarding health, life and human rights; especially to deal with the advances of biological sciences. The principles of bioethics which are the basis of regulations are¹:

- Respect to the autonomy.
- Promotion of charity.
- Prevent low efficiency.
- Fair conduct.

The Human Rights are a set of benefits based on human dignity, established according to an international legal framework², and in Mexico, on the Constitution. The respect to human rights depends on all of us and its enforceability is based on four principles³⁻⁴:

Universality. It refers to equality of rights for all people, regardless of specific conditions or characteristics³⁻⁴.

Principle of Interdependence. Highlights the link between human rights, that is, they must be respected and protected as a whole.

Principle of Indivisibility. No right is inalienable, under any circumstances, since violating one of them is violating the rest of them.

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