

In legal terms, courts have ruled in favor nutritional support being an intervention that may be accepted or waived by a competent patient or by a surrogate.

The debate must happen in a frame of “letting die” that, from a medical perspective, will tend not to stop the unavoidable surrender of vital functions, but will preserve the “right to die”, based on the patient’s autonomy, by rejecting treatments and choosing their life quality.

Finally, the patient has the right to ask for this nutritional intervention. Information about its benefits and charges must be given to the patient and his/her family; and, based on the informed consent form, he/she must accept the nutritional support (13).

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